

Issue No 24: 11 April 2014

All members are encouraged to contribute to this Newsletter and to our website. If you have anything you would like included or if you have any photos you would like uploaded to our website, please contact the Secretary – [thesecretary@wsdragons.com.au](mailto:thesecretary@wsdragons.com.au)

### 'COME & TRY' DAY AT THE REKKY - SUNDAY 30 MARCH 2014

A contingent of the Wallis Spirit paddlers took our boat with the help of Nick Richards from Maritime to the Recky for a recruitment drive. A group of young travellers from Sydney and overseas took advantage of our invitation to try out this fun sport. The weather was good and the water was warm and we were out to show them how it was done. Judging by the smiles on their faces at the end of the session I think we succeeded in convincing them it was a great sport to become involved in.

We had a second paddle encouraging Nick and Terry onto the boat. Both agreed it was a good session.

Hopefully we can run a second campaign here in Coomba in the near future possibly combined with a sausage sizzle. I am sure there are future members just waiting to be encouraged on the boat.

*Sue Hutchison*

Kat, one of the seven travellers mentioned above, sent information to let us know that they had mentioned us and inserted a Link to us on their Website and in their Business Facebook page. They sent some photos of their experience.



### TRAINEE SWEEPS

As notified in our last Newsletter, Sally has transferred to Forster Pearls because she has a place in the regional team and needs more opportunities to practise as a paddler.

At this stage Sally is willing to assist trainee sweeps and to sweep for WSD until she can be replaced, as long as the days do not clash with Pearl Dragon training sessions. But this cannot last forever so it is essential that we have more people trained as Sweeps.

We are very fortunate that Lee Newell and Chris Hutchison have both offered to train as Sweeps. They have both started to do some of the sweeping when we have been able to take out the big boat and have started to log their times. They need to accrue 20 hours training over a one year period for their initial accreditation. The small boat is not sufficiently stable to be used for the early stages of sweep training,

### so.... we NEED you...

It is critical that we get the big boat out as often as possible and this means numbers of paddlers. At a pinch we can take out the big boat with 11 crew. Please make every effort to get to paddling and please also, put your name on the paddling list as early before the day as you can so arrangements can be made beforehand – which boat can be taken, whether some sweep training can be done etc.

### URUNGA REGATTA - only 4 weeks to go!

#### TRAINING with the Pearls

As you know WSD are forming a shared team with Forster Pearl Dragons for the Urunga Regatta. In preparation, WSD is invited to paddle with the Pearls for any of their sessions. The procedure for registering is as follows:-

- Go to the link <http://glpd.webs.com/>
- Click on "Paddling Session Bookings" in the menu list under the photo
- **Read through all the directions so you see how it works**
- We've been asked to put our name on the wait list with (WSD) after our name. Your name will appear straight away so you won't be left wondering if it works
- Note you'll need to check after 6pm the previous evening that the session is on (and so are you!)

#### Crews for URUNGA

Wendy Orman, the Pearls Team Manager, will be sending the draft crew seating soon. Stuart, Sally and I will confer and recommend any changes, if needed, and then let you all know. Placings are being made by balance rather than each Club sitting together.

Elaine  
Team Manager for Urunga

### COACH TRAINING

DBNSW have announced a new round of L1 Coaching courses in this region. It would be very valuable for WSD to have another Coach trained so please have a look at the offerings below and consider. Each course is a 'stand alone' one-day course. Please contact a committee member if you are interested.

DATE	COURSE	VENUE
<b>JUNE</b> Sat 28.06.2014	AusDBF Level 1 Coaching Course - Forster	TBA
<b>JULY</b> Sat 26.07.2014	AusDBF Level 1 Coaching Course - Ballina	Ballina RSL
<b>SEPTEMBER</b> Sat 27.09.2014	AusDBF Level 1 Coaching Course - Coffs Harbour	Coffs Ex Servces Club